

## QUICK FACTS ABOUT DR. CHRIS STANKOVICH

- Featured guest **ESPN** Outside the Lines *Athletes & Mental Illness*
- Recognized as “The Sports Doc” for his media contributions to **NBC4 Columbus**, **Ohio News Network (ONN)**, and **Columbus Parent** magazine
- Graduate of the **Institute of Scandinavian Physical Culture Sport Performance Studies** (Denmark)
- Featured in **USA Today** for establishing better training and enforcement for responsible and safe coach-student athlete boundaries in Ohio and nationwide
- Creator of some of the earliest sport burnout training programming, producing two popular DVD’s for athletes and coaches through **Championship Productions**
- First author and researcher to use “athletic transferable skills” in sport performance literature
- Graduate of **The Ohio State University** Clinical Counseling doctorate program, ranked #1 in country by US News & World Report
- Guest star on “*The Odds*,” television pilot show produced in Pittsburgh, PA.
- College teaching experience at 11 universities, undergraduate and graduate; psychology and business,
- Creator of the *Sport Performance Assessment*, the world’s first sport psychology mental toughness app for the iPhone
- Co-creator and co-author of *Positive Transitions for Student Athletes*, nation’s first sport transition course (Ohio State) and textbook (Holcomb Hathaway publisher)
- Creator of *Sport Success 360* sport education curriculum model, one of the most comprehensive sport education model available for student athletes, coaches, and parents
- Author of “*Own the Game*,” a popular audio book available on Audible.com
- Author of “*The Mental Toughness Guide to Athletic Success*” (iTunes)
- Creator of “*My Game My Life*,” a nationally acclaimed sport leadership curriculum designed to help student athletes become successful role models and leaders in their schools and communities
- Featured in **USA Today** for The Optimal Performance System in Sport (TOPSS), a comprehensive approach to successfully treating athletes experiencing sport-related pressure and stress
- Featured on **ABC World News** for co-authoring “*The Parents Playbook*,” a hands-on workbook designed to help parents identify and successfully respond to contemporary issues in youth sports
- Consultant to the **Ohio Department of Health** leading educational efforts to address the growing problem of student athletes becoming addicted to prescription pain pills
- Board member of **Dr. Peter Breggin’s Empathic Healing Committee**, advocating for empathy over dangerous prescription pain pill usage for mental illness
- Visiting Professor of Psychology at **Kenyon College**, annually ranked as one of the top twenty colleges in America (US News & World Report)
- Featured Columnist for the **National Federation of High Schools** two premier magazines, *High School Today* and *Coaches Quarterly*
- Board Member, **Ohio Dominican University** Sport Management graduate program
- **Majority of One Board** member – an organization devoted to helping minority collegiate student athletes excel in academics and career development