

## **PROFESSIONAL BACKGROUND OF DR. CHRIS STANKOVICH**

Dr. Stankovich created Advanced Human Performance Systems (AHPS) in an attempt to provide leadership, counseling, and training for athletes, coaches, parents, administrators, and entire sport organizations and schools. Always examining the latest trends and issues in sports, Dr. Stankovich regularly writes and discusses these issues in common, non-psychobabble type language with a national audience that follows his work through his blog and other media outlets.

The AHPS success model, created by Dr. Stankovich, first looks to examine problems regularly seen in sports and then develop both macro- and micro-approaches to helping. For example, when sexual boundary issues became a national story a few years ago, Dr. Stankovich had already been working with Ohio Senators and Congressmen to improve upon boundary training for coaches in Ohio. On an individual level, Dr. Stankovich developed hands-on strategies for both schools and individuals victimized by coaches so that safety was paramount while perpetrators were quickly identified and arrested.

Dr. Stankovich created The Optimal Performance System in Sports (TOPSS), a sports wellness model that has been featured in USA Today and is used as the foundation for all of Dr. Stankovich's educational programs and learning modules. TOPSS training includes performance enhancement, life skills, career development, and clinical care for mental disorders. This model has also been featured in scholarly academic journals, helping future psychologists and counselors prepare to effectively work with athlete issues on and off the field.

The Advanced Human Performance Systems educational programming also includes Sport Success 360 ([www.sportsuccess360.com](http://www.sportsuccess360.com)), the most comprehensive, user-friendly sport education curriculum on the market today. Sport Success 360 includes hands-on training for student athletes, coaches, parents, and sport administrators on both contemporary and traditional issues commonly experienced in sports. The system includes videos, as well as a coach education certification test to ensure coaches are fully prepared to help kids have a safe, fun, and meaningful youth sport experience.

Another popular and important training program developed by Dr. Stankovich is My Game, My Life ([www.mygamemylife.com](http://www.mygamemylife.com)) – a curriculum developed to help student athletes embrace their status as role models by teaching them important leadership skills training. Student athletes are regularly expected to be positive role models in their schools and communities, yet rarely ever taught exactly how to do this – which is precisely the reason why My Game, My Life was developed. The curriculum used for this program is built entirely on athletic transferable skills and teaches kids how to use the skills for both sports as well as school (and life) success.

Dr. Stankovich will continue to develop future programming that addresses the contemporary issues in sports that most impact kids, coaches, parents, and administrators. As these programs are developed, participants in youth sports will more regularly experience fun and positive human growth, while at the same time minimize the risk for dangerous problems to develop.