

TESTIMONIALS FOR DR. CHRIS STANKOVICH

Below are select testimonials that Dr. Stankovich has received for his sport performance expertise. For a complete list of his testimonials, please visit drstankovich.com/testimonials.html.

- "Dr. Stankovich is a well-respected, leading national authority in sport psychology and has helped thousands of athletes reach their full potential. His programs are very easy to learn and can be implemented for immediate on-field success. You don't have to have "psychological problems" to see the results from his mental training techniques. I highly recommend these products for all athletes, all ages and all skill levels!"

Paul O'Neill, Former New York Yankee great and 5-time World Series Champion

- "Chris has done great work in the field of performance especially meeting the needs of parents. His youth/parent sport products are a must for all parents and youth coaches."

Bob Tewksbury, Major League Baseball All-Star Pitcher and Sports Psychology consultant for the Boston Red

- "Parents play an integral part in their child's motivations, behaviors, and attitudes. The Parent's Playbook assists parents with the critical issues associated with youth athletics and gives them important tips and tools they need to better communicate with their children and enhance their athletic experience. As a coach, I highly recommend this book for parents with children involved in sports."

Jim Tressel, Former Ohio State University Head Football Coach

- "Consistently performing at your best is a mental challenge and there is no one better in the mental game than Dr. Chris Stankovich. He understands the power of mind and is a master at providing the tools we need to have as athletes seeking top performance. Dr. Stankovich differentiates himself because of his passion and innovation. He strives for the betterment of people and that is such a refreshing quality. I am impressed with his genuine approach, knowledge and creativity to make a difference in the lives of others."

Joe Heskett, Former NCAA Wrestling Champion, U.S. World Team Member, and 4-time All American, Iowa State University
Current Head Wrestling Coach at Army

- "Dr. Stankovich has proven over and over again the success one can attain by balancing the mental and physical components of sport. His human performance systems exhibit an effective and clear path to reaching the goals each individual or groups set out to accomplish. With so much competitiveness in sports and society in general, Dr. Stankovich can help give you the advantage you need."

Garin Veris, Former New England Patriots NFL Standout

- "Chris Stankovich PhD is a sports counselor from Columbus, Ohio, who brings a fresh perspective about how to empower young people not only in their sports endeavors but in their lives. A positive approach consistent with the best in empathic therapy."

Peter R. Breggin, M.D.

Director of the International Center for the Study of Psychiatry and Psychology
Renowned Professor and Author

- "Dr. Chris Stankovich has helped me with many very important things that I have applied to my career as a professional baseball player, including help with focus, concentration, confidence development, and goal setting. I highly recommend all serious athletes to learn more about Dr. Stankovich and his training programs."

Eric Stults, Major League Pitcher, LA Dodgers

- "I have used Dr. Stankovich with a number of my professional athlete clients, and he has always gone above and beyond in delivering outstanding performance-enhancement counseling services. I highly recommend all serious athletes to call on Dr. Stankovich to help with improving mental toughness and maximizing athletic abilities."

Adam Hubble, Professional Major League Baseball Agent

- "The authors of [Positive Transitions for Student Athletes](#) fully understand the leap from high school to college and the even more daunting vault from college to career. They are experienced counselors who have helped thousands of men and women through these challenging transitions. The unique talents and needs of student athletes are clearly articulated in this valuable book."

Andy Geiger, Retired Athletic Director, The Ohio State University,
Stanford University, and the University of Maryland

- "If you want your athletes to perform better, Dr. Stankovich has the methods to improve player performance. He will help you guide your athletes to new heights."

Larry Wilson, Ohio High School Basketball Coaches Association Public
Relations Director