

BIOGRAPHY OF DR. CHRIS STANKOVICH

Dr. Chris Stankovich is a Professional Athletic Clinical Counselor and Sport Performance Scientist, and has made many important contributions to the fields of Sport Psychology, Philosophy, and Sociology through his writings and educational program development. A graduate of Ohio State University, Dr. Stankovich has studied under some of the world's finest mentors in athletics and psychology, and has used these experiences to help create important advances in psychosocial counseling interventions and program development.

Dr. Stankovich has written five books, been published in several scholarly academic journals, and has taught both graduate and undergraduate psychology and business courses at 11 different universities. Dr. Stankovich's media experience includes an ongoing television segment "The Sports Doc Minute" for NBC, and he is a featured columnist for countless magazines, including STACK, High School Today, National Examiner, Coaches Quarterly, and OHSAA Quarterly magazine. He was also part of a pilot television show (The Odds) that is currently being marketed to be picked up in 2014. Dr. Stankovich is recognized as "The Sports Doc" for his weekly segment on Ohio News Network (ONN) 2007-2010.

A big believer in the value of education, Dr. Stankovich has assisted countless important groups and agencies help student athletes use the sport experience as a vehicle for success in life. These experiences include working with The Safe and Drug-Free School Consortium, Educational Council of Ohio, Ohio Department of Health, and the Ohio Attorney General.

Dr. Stankovich also works as a professional consultant and licensed clinical counselor, having assisted thousands of student athletes, teams, coaches, athletic directors, and entire school systems over his career. Dr. Stankovich has helped professional, collegiate, interscholastic, and youth-level athletes and organizations maximize athletic performance while minimizing risk for stress, burnout, drug/alcohol abuse, hazing, and many more issues often seen in sports.

Also recognized as an expert in Health Psychology, Dr. Stankovich has written extensively on health & wellness, emotional intelligence, stress and balance, and interpersonal communication. Dr. Stankovich previously wrote a featured column for Business First newspaper discussing both individual and team dynamic qualities impacting happiness, health, and peak productivity.

Dr. Stankovich recently teamed up with Dr. Peter Breggin, a licensed psychiatrist and one of the world's foremost authorities on the dangers of psychotropic medications used with children. Similar to Dr. Breggin, Dr. Stankovich is an advocate for healthy living, empathic healing, and the minimal usage of psychotropic medications when treating individuals experiencing life distress. Dr. Stankovich currently serves as a Board Member for Dr. Breggin's Empathic Healing group, offering insights about future ideas pertaining to happiness and wellness.

Dr. Stankovich has extensive diversity training and has served as a Board Member of the Majority of One, a minority student athlete organization examining critical issues affecting minority student athletes. Dr. Stankovich's interest in diversity includes race relations, sexual orientation, and gender issues in sports.

For more information please visit www.drstankovich.com